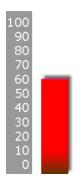
YOUR CHAKRA ACTIVITY

Knowing about your **energy centers** or **chakras** may help you gain insight into creating greater balance and harmony in your life.

1. BASE CHAKRA

This **chakra** is located at the end of the spine and corresponds to life energy, physical activity, emotional strength, will power and sexuality.



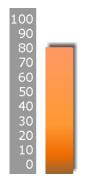
High life energy, radiant, sensual and passionate qualities.

Medium life energy, active lifestyle.

Low life energy, survival, accidents, stress qualities. You need to recharge your field energies and vitality.

2. NAVEL CHAKRA

This **chakra** is located below the navel and corresponds to creative, productive and emotional expression of life energy.



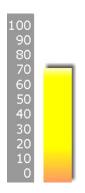
High productivity, strong emotional expression.

Medium productivity and emotional creativity.

Low productivity and creativity, limited emotional expression. Increase your creative qualities and abilities.

3. SOLAR PLEXUS CHAKRA

This **chakra** is located at the solar plexus and corresponds to personal power, creative and intellectual thoughts.



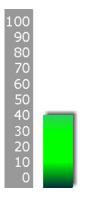
High creativity, intellectual and analytical thinking, playful qualities.

Medium creativity, intellectual and analytical thinking, playful qualities.

Low creativity, intellectual and analytical thinking or playful qualities. Have more fun and joy in your life, increase your creativity.

4. HEART CHAKRA

This **chakra** is located around the heart and corresponds to unconditional love, self-love and forgiveness. It relates to the balance between Body, Mind and Spirit energy.



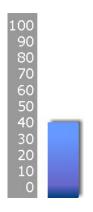
Very heartfelt, loving and sensitive qualities.

Average loving and sensitive qualities.

Low heart energy and expressive qualities. Need to open heart and feel thoughts and emotions more deeply.

5. THROAT CHAKRA

This **chakra** is located around the throat and relates to communication, speech, social abilities, verbal and emotional expression.



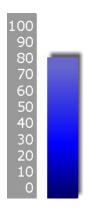
Strong expression of thought, emotions and communicative qualities.

Average communicative qualities.

Unbalanced energy, limited emotional and verbal expression. Find new ways to express your thoughts and emotions.

6. THIRD EYE CHAKRA

This **chakra** is located between the eyes and corresponds to intuition, vision, and artistic and creative thoughts.



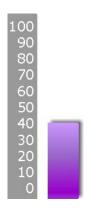
High intuitive energy, strong artistic and intuitive qualities.

Medium intuitive energy, average artistic and intuitive qualities.

Low intuitive energy, artistic and intuitive qualities. Need to increase intuition and creative and artistic thoughts.

7. CROWN CHAKRA

This **chakra** is located on top of the head and corresponds to intuition, spirituality and enlightenment.



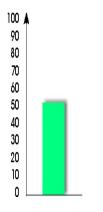
High intuitive energy, radiant, sensitive and spiritual qualities.

Medium intuitive energy, radiant, sensitive and spiritual qualities.

Low intuitive energy, sensitive and spiritual qualities. Need to find new direction and vision in your life.

YOUR AURA CHAKRA BALANCE

This graph indicates your overall aura chakra balance.



Very balanced. Aura and chakras are in harmony.

Average balance. Aura and chakras are not fully balanced.

Very unbalanced. Aura and chakras are stressed with low energy. Improve your aura and chakras conditions. More harmony needed.

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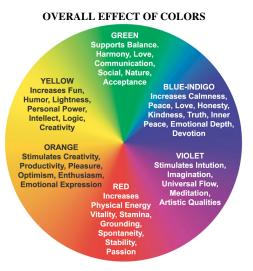
YOUR ENERGY-DATA ANALYSIS

The following **energy-data graphs** and **meters** reflect important parts of your energetic body system.

COLOR WHEEL / YIN-YANG

The **color wheel** gives you an overview of the complete aura color range. It is recommended to use your *aura color* or the *complementary-opposite color* to relax and balance yourself.





This graph also indicates your **Yin-Yang balance**. The short needle reflects the Yin-female-left qualities. The long needle the Yang-male-right qualities of your energy system.

V

Yin-Yang balance with needles close together indicates male-female energies seem to be in harmony.

Unbalanced, disharmonious, left-female and right-male energies need balancing.

Very unbalanced, one energy side might feel tense or stressed. Balancing is recommended.



YOUR MIND-BODY-SPIRIT GRAPH

This **Mind-Body-Spirit graph** gives you an overview of how your energies are distributed between body, mind and spirit energy.



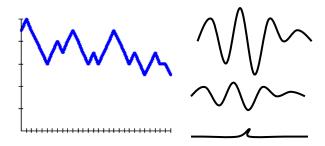
MIND: Your focus is mainly on creativity, mental and emotional expression, and communication.

BODY: Your focus is on physical reality and results, and field-related activities.

SPIRIT: Your focus is on personal development, feelings, intuition, spirituality and inner qualities.

YOUR EMOTIOMETER

The **emotiometer** shows your emotional reactions, true thoughts and inner feelings. Real-time graphic indicators display immediate response of true feelings and thoughts.



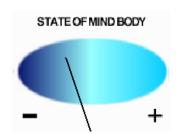
Highly emotional stressed, agitated, High excitement, nervousness or sensitivity.

Very emotional and sensitive, expresses emotions freely.

Centered, stable, unemotional, passive, does not express emotions easily, keeps emotions inside.

YOUR STATE OF MIND-BODY GRAPH

The **state-of-mind body graph** displays your overall mind/body condition.



STRESSED

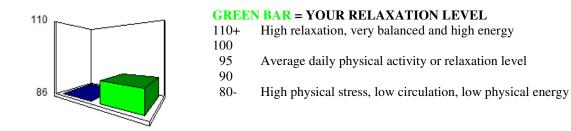
A tense, stressed condition will register when the needle moves towards the left side.

RELAXED

If you are in a relaxed, harmonious state, the needle will move toward the right side of the graph.

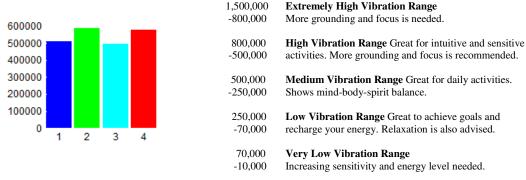
YOUR STRESS/RELAXATION GRAPH

The **relaxation graph** shows your energetic relaxation or stress energy level. The left blue bar is used as a baseline (environment). The green bar and left top numeric value show your **personal energetic relaxation level.**



YOUN ENERGY LEVEL GRAPH

The **energy level graph** shows the different energy channels that are measured and is based on your *electro-dermal* activity. The **Indigo Channel** (1) represents your **Intuitive Energy**. The **Green Channel** (2) represents your **Mental Energy**. The **Light Blue Channel** (3) represents your **Emotional Energy**. The **Red Channel** (4) represents your **Physical Energy**.



Even bars indicate that the different energy channels are flowing in harmony and each part of your system is vibrating at the same frequency. Uneven bars show that there is disharmony in your energy flow and part of your system may be out of balance.

The values indicate your **vibrational rate**, starting with low values from 10,000 to high values up to 1,500,000.